



**MIDLAND SWIMMING**  
**BAGCAT AGE GROUP CHAMPIONSHIPS 2009**  
 (Combining East Midland and West Midland Regions)  
**COVENTRY SPORTS CENTRE**  
**SATURDAY & SUNDAY 6<sup>th</sup>/7<sup>th</sup> & 13<sup>th</sup>/14<sup>th</sup> JUNE**  
 (Under ASA Laws and ASA Technical Rules of Swimming)



# QUALIFYING TIMES

(AGE AT 14th June 2009)

POOL LENGTH 25 METRES

BOYS					EVENT	GIRLS			
10	11	12	13	14		10	11	12	13
**	**	1:06.6	1:03.0	1:00.3	<b>100m Freestyle</b>	**	1:11.6	1:07.8	1:05.8
2:43.8	2:34.7	2:24.7	2:17.1	2:11.3	<b>200m Freestyle</b>	2:44.9	2:34.2	2:26.0	2:21.2
5:44.9	5:23.3	5:03.4	4:48.7	4:37.7	<b>400m Freestyle</b>	5:49.8	5:20.5	5:03.7	4:54.5
		<b>10:25.7</b>	<b>09:53.2</b>	<b>9:32.2</b>	<b>800m Freestyle</b>		<b>10:51.4</b>	<b>10:18.4</b>	<b>9:55.0</b>
		<b>19:37.9</b>	<b>18:42.8</b>	<b>18:03.4</b>	<b>1500m Freestyle</b>		<b>20:56.8</b>	<b>19:53.2</b>	<b>19:08.0</b>
**	**	1:25.6	1:20.0	1:16.4	<b>100m Breaststroke</b>	**	1:31.5	1:26.5	1:22.8
3:33.7	3:19.4	3:04.7	2:53.6	2:45.1	<b>200m Breaststroke</b>	3:32.7	3:16.3	3:05.5	2:57.7
**	**	1:14.8	1:10.3	1:06.8	<b>100m Butterfly</b>	**	1:20.4	1:15.5	1:12.9
3:14.6	2:57.9	2:45.0	2:35.3	2:28.0	<b>200m Butterfly</b>	3:15.9	2:57.2	2:45.6	2:39.1
**	**	1:15.4	1:10.9	1:07.5	<b>100m Backstroke</b>	**	1:20.3	1:15.7	1:13.0
3:04.4	2:53.2	2:41.0	2:31.9	2:24.9	<b>200m Backstroke</b>	3:05.0	2:49.7	2:41.2	2:36.1
3:09.2	2:56.8	2:44.4	2:35.9	2:28.2	<b>200m Ind Medley</b>	3:08.1	2:54.2	2:44.9	2:39.9
6:40.2	6:09.1	5:46.9	5:29.4	5:13.9	<b>400m Ind Medley</b>	6:40.4	6:07.4	5:47.0	5:34.7

\*\* 100m events are not included in the British Age Group Categories for 10/11 years boys and 10 years girls. Swimmers in these ages who are looking to obtain a qualifying time for the National BAGCAT championships are allowed to enter, providing they have the qualifying time for the corresponding 200m event.

**REMEMBER - AGE IS AS AT 14<sup>th</sup> June 2009**

ALL TIMES TO BE ACHIEVED BETWEEN 1<sup>st</sup> OCTOBER 2008 and 12<sup>th</sup> May 2009

**Entry times for all events must be achieved in licensed competition, level 1,2 or 3**

Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.