



**MIDLAND SWIMMING**  
**YOUTH CHAMPIONSHIPS 2009**  
 (Combining East Midland and West Midland Regions)  
**COVENTRY SPORTS CENTRE**  
**SATURDAY & SUNDAY 2<sup>nd</sup> & 3<sup>rd</sup> MAY**  
 (Under ASA Laws and ASA Technical Rules of Swimming)



# QUALIFYING TIMES

(AGE AT 14<sup>th</sup> JUNE 2009)

## POOL LENGTH 25 METRES

MALE					EVENT	FEMALE				
15	16	17	18	19/Ov		14	15	16	17	18/Ov
27.0	26.4	26.1	26.1	26.1	<b>50m Freestyle</b>	30.0	29.4	29.2	29.2	29.2
59.6	58.1	57.3	57.3	57.3	<b>100m Freestyle</b>	1:05.5	1:04.5	1:03.7	1:03.6	1:03.6
2:09.7	2:06.5	2:04.9	2:04.9	2:04.9	<b>200m Freestyle</b>	2:20.9	2:18.5	2:17.0	2:15.9	2:15.9
4:33.9	4:27.8	4:23.5	4:23.5	4:23.5	<b>400m Freestyle</b>	4:54.1	4:49.2	4:47.2	4:45.1	4:45.1
<b>9:22.2</b>	<b>9:09.8</b>	<b>9:02.3</b>	<b>9:02.3</b>	<b>9:02.3</b>	<b>800m Freestyle</b>	<b>9:50.2</b>	<b>9:43.5</b>	<b>9:39.0</b>	<b>9:38.0</b>	<b>9:38.0</b>
<b>17:46.4</b>	<b>17:22.3</b>	<b>17:09.9</b>	<b>17:09.9</b>	<b>17:09.9</b>	<b>1500m Freestyle</b>	<b>19:13.4</b>	<b>18:51.7</b>	<b>18:37.1</b>	<b>18:35.3</b>	<b>18:35.3</b>
34.1	33.2	32.8	32.8	32.8	<b>50m Breaststroke</b>	37.7	36.9	36.6	36.5	36.5
1:14.8	1:12.8	1:11.6	1:11.6	1:11.6	<b>100m Breaststroke</b>	1:21.5	1:20.5	1:20.0	1:19.0	1:19.0
2:42.3	2:38.7	2:35.5	2:35.5	2:35.5	<b>200m Breaststroke</b>	2:56.0	2:53.6	2:52.3	2:51.3	2:51.3
29.4	28.8	28.3	28.3	28.3	<b>50m Butterfly</b>	32.6	31.9	31.7	31.6	31.6
1:05.3	1:03.9	1:02.6	1:02.6	1:02.6	<b>100m Butterfly</b>	1:12.0	1:11.1	1:10.4	1:09.7	1:09.7
2:23.5	2:20.9	2:17.2	2:17.2	2:17.2	<b>200m Butterfly</b>	2:37.3	2:34.2	2:32.9	2:31.3	2:31.3
30.8	29.8	29.5	29.5	29.5	<b>50m Backstroke</b>	33.8	33.3	32.9	32.8	32.8
1:06.1	1:04.5	1:03.3	1:03.3	1:03.3	<b>100m Backstroke</b>	1:12.6	1:11.2	1:10.6	1:10.3	1:10.3
2:22.3	2:19.1	2:17.4	2:17.4	2:17.4	<b>200m Backstroke</b>	2:35.4	2:32.2	2:30.5	2:29.2	2:29.2
2:25.9	2:22.7	2:20.5	2:20.5	2:20.5	<b>200m Ind Medley</b>	2:38.9	2:36.3	2:35.0	2:33.8	2:33.8
5:08.4	5:01.9	4:57.4	4:57.4	4:57.4	<b>400m Ind Medley</b>	5:33.3	5:28.1	5:24.7	5:23.4	5:23.4

**REMEMBER - AGE IS AS AT 14<sup>th</sup> June 2009**

ALL TIMES TO BE ACHIEVED BETWEEN 1<sup>st</sup> OCTOBER 2008 and 7<sup>th</sup> April 2009

**Entry times for all events must be achieved in licensed competition, level 1,2 or 3**

Dependent on the number of entries the slowest competitors may be rejected at the discretion of the promoter.