



MIDLAND SWIMMING
2009 YOUTH CHAMPIONSHIPS
 (Combining the asa East Midland and asa West Midland Regions)
 (Under asa Laws and asa Technical Rules of Swimming)
COVENTRY SPORTS CENTRE
Saturday 2nd & Sunday 3rd May



SCHEDULE OF EVENTS

Saturday 2 nd May 2009			Sunday 3 rd May 2009		
Heats: start 09:00am Finals: start TBC			Heats: start 09:00am Finals: start TBC		
Women	4 x 100m	Freestyle Team HDW	Men	4 x 100m	Freestyle Team HDW
Men	400m	Freestyle	Women	400m	Freestyle
Women	100m	Butterfly	Men	100m	Butterfly
Men	50m	Breaststroke	Women	50m	Breaststroke
Women	100m	Breaststroke	Men	100m	Breaststroke
Men	400m	Individual Medley	Women	400m	Individual Medley
Men	150m	Multi-disability	Women	150m	Multi-disability
Women	200m	Freestyle	Men	200m	Freestyle
Men	100m	Backstroke	Women	100m	Backstroke
Women	50m	Backstroke	Men	50m	Backstroke
Men	200m	Butterfly	Women	200m	Butterfly
Women	200m	Individual Medley	Men	200m	Individual Medley
Men	100m	Freestyle	Women	100m	Freestyle
Women	50m	Freestyle	Men	50m	Freestyle
Men	200m	Breaststroke	Women	200m	Breaststroke
Men	50m	Butterfly	Women	50m	Butterfly
Women	200m	Backstroke	Men	200m	Backstroke
Mixed	1500m	Freestyle HDW	Mixed	800m	Freestyle HDW

Finals Sessions

Women	4 x 200m	Freestyle Team HDW	Men	4 x 200m	Freestyle Team HDW
Men	4 x 100m	Medley Team HDW	Women	4 x 100m	Medley Team HDW
Finals of Saturday's Individual Events			Finals of Sunday's Individual Events		

**Individual finals will be held for the Mens 15/16 & 17/Over age groups
and Womens 14/15 and 16/Over over age groups.**

**All Team events are Heat Declared Winners and are qualifying rounds for the ASA
National Youth Championships.**

**ENTRIES MUST BE SUBMITTED VIA YOUR CLUB COORDINATOR
For further details please refer to the 'Promoters Conditions' document**

CLOSING DATE - TUESDAY 7th APRIL 2009