

## Notts ASA County Age Groups 2012 Meet Timings

Please be aware that these timings are issued only as a guideline and withdrawals have not been taken into account. Each SESSION will not start before the given time but the meet will then run at its own pace. The start of subsequent events is NOT governed by the times given below. It is the swimmers responsibility to present themselves in good time for their race.

### Session – 1 Beechdale, Saturday 4<sup>th</sup> February Warm-up from 8:30am Start 9:30am

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	G	400 IM	Heats	37	7	09:30	00:49	00:49
102	B	200 Br	Heats	85	15	10:19	01:07	01:55
103	G	50 Fl	Heats	107	18	11:25	00:25	02:20
104 (102)B		200 Br	Final			11:50	00:04	02:24
105 (102)B		200 Br	Final			11:54	00:04	02:28
106 (102)B		200 Br	Final			11:58	00:04	02:32

**Estimated Session Finish Time 12:02**

### Session - 2

**Warm-up from 12:30pm Start 1:30pm**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
107	X	50 Ba	Heats	7	2	01:30	00:04	00:04
108	G	100 Br	Heats	63	11	01:34	00:25	00:29
109	B	200 Fr	Heats	124	21	01:59	01:13	01:42
110	G	50 Ba	Heats	127	22	03:12	00:30	02:12
111 (109)B		200 Fr	Final			03:42	00:03	02:15
112 (109)B		200 Fr	Final			03:45	00:03	02:18
113 (109)B		200 Fr	Final			03:48	00:03	02:21

**Estimated Session Finish Time 3:51**

### Session - 3

**Warm-up from 4:00pm Start 5:00pm**

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
114	B	400 IM	Heats	29	5	05:00	00:34	00:34
115	G	200 Ba	Heats	123	21	05:34	01:21	01:55
116	B	50 Fl	Heats	90	15	06:55	00:20	02:15
117 (115)G		200 Ba	Final			07:15	00:04	02:19
118 (115)G		200 Ba	Final			07:19	00:04	02:22
119 (115)G		200 Ba	Final			07:22	00:04	02:26

**Estimated Session Finish Time 7:26**

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### Session – 4 Beechdale, Sunday 5<sup>th</sup> February Warm-up from 8:30am Start 9:30am

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	G	200 FI	Heats	33	6	09:30	00:26	00:26
202	B	400 Fr	Heats	59	10	09:56	01:04	01:30
203	G	100 Fr	Heats	87	15	11:00	00:28	01:58
204	B	50 Br	Heats	97	17	11:28	00:25	02:23
205 (201)G		200 FI	Final			11:53	00:04	02:27
206 (201)G		200 FI	Final			11:57	00:04	02:31
207 (201)G		200 FI	Final			12:01	00:04	02:35

Estimated Session Finish Time 12:05

### Session - 5

Warm-up from 12:30pm Start 1:30pm

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
210	L	200 MT	Heats	16	3	01:30	00:11	00:11
211	M	200 FT	Heats	16	3	01:41	00:10	00:21
212	L	200 MT	Heats	18	3	01:51	00:10	00:31
213	M	200 FT	Heats	16	3	02:01	00:09	00:40
214	L	200 MT	Heats	16	3	02:10	00:09	00:49
215	M	200 FT	Heats	10	2	02:19	00:06	00:55
216	L	200 MT	Heats	9	2	02:25	00:08	01:03
217	M	200 FT	Heats	14	3	02:33	00:08	01:11
218	L	400 MT	Heats	6	1	02:41	00:05	01:16
219	M	400 FT	Heats	7	2	02:46	00:09	01:25
220 (210)L		200 MT	Final			02:55	00:04	01:29
221 (211)M		200 FT	Final			02:59	00:04	01:33
222 (212)L		200 MT	Final			03:03	00:03	01:36
223 (213)M		200 FT	Final			03:06	00:03	01:39
224 (214)L		200 MT	Final			03:09	00:03	01:43
225 (215)M		200 FT	Final			03:13	00:03	01:46
226 (216)L		200 MT	Final			03:16	00:03	01:49
227 (217)M		200 FT	Final			03:19	00:03	01:52

Estimated finish 3:20pm

Break for Presentations - Restart at 4:00pm

228	L	200 FT	Heats	15	3	04:00	00:10	00:10
229	M	200 MT	Heats	15	3	04.10	00:11	00:21
230	L	200 FT	Heats	18	3	04.21	00:09	00:30
231	M	200 MT	Heats	16	3	04.30	00:10	00:40
232	L	200 FT	Heats	17	3	04:40	00:09	00:49
233	M	200 MT	Heats	10	2	04:49	00:06	00:55
234	L	200 FT	Heats	9	2	04:55	00:05	01:00
235	M	200 MT	Heats	14	3	05.00	00:10	01:10
236	L	400 FT	Heats	6	1	05:05	00:05	01:15
237	M	400 MT	Heats	7	2	05:10	00:10	01:25
238 (228)L		200 FT	Final			05:20	00:04	01:29
239 (229)M		200 MT	Final			05:24	00:04	01:33
240 (230)L		200 FT	Final			05:28	00:03	01:36
241 (231)M		200 MT	Final			05:31	00:03	01:39
242 (232)L		200 FT	Final			05:34	00:03	01:42
243 (233)M		200 MT	Final			05:37	00:03	01:45
244 (234)L		200 FT	Final			05:41	00:03	01:44
245 (235)M		200 MT	Final			05:44	00:03	01:47

Estimated Session Finish Time, end of swimming 5:47pm followed by presentations.

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### Session -6 Worksop, Saturday 11<sup>th</sup> February Warm-up from 4:30pm Start 5:00pm

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	B	200 Ba	Heats	97	17	05:00	01:05	01:05
302	G	800 Fr	Heats	27	5	06:05	00:57	02:03
303 (301)B		200 Ba	Final			07:03	00:03	02:06
304 (301)B		200 Ba	Final			07:06	00:03	02:09
305 (301)B		200 Ba	Final			07:09	00:03	02:13

**Estimated Session Finish Time 7:13**

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### Session -7 Retford, Saturday 18<sup>th</sup> February Warm-up from 4:30pm Start 5:00pm

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	G	200 Br	Heats	109	19	05:00	01:23	01:23
402	B	1500 Fr	Heats	15	3	06:23	01:02	02:25
403 (401)G		200 Br	Final			07:25	00:04	02:29
404 (401)G		200 Br	Final			07:29	00:04	02:33
405 (401)G		200 Br	Final			07:33	00:04	02:37

**Estimated Session Finish Time 7:37**

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### Session -8 Watermeadows- Mansfield, Saturday 3rd March Warm-up from 8.30am Start 9:30am

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	X	100 Ba	Heats	6	1	09:30	00:03	00:03
502	B	200 FI	Heats	35	6	09:33	00:24	00:27
503	G	400 Fr	Heats	58	10	09:57	01:04	01:31
504	B	100 Fr	Heats	49	9	11:01	00:16	01:47
505	G	50 Br	Heats	128	22	11:17	00:32	02:20
506 (502)B		200 FI	Final			11:50	00:04	02:23
507 (502)B		200 FI	Final			11:53	00:04	02:27
508 (502)B		200 FI	Final			11:57	00:04	02:31

Estimated Session Finish Time 12:01

### Session -9 Warm-up from 12.30pm Start 1:30pm

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
509	X	50 Fr	Heats	10	2	01:30	00:04	00:04
510	B	200 IM	Heats	95	16	01:34	01:02	01:05
511	G	100 FI	Heats	34	6	02:35	00:12	01:18
512	B	50 Fr	Heats	158	27	02:48	00:34	01:52
513	G	100 Ba	Heats	60	10	03:22	00:20	02:12
514 (510)B		200 IM	Final			03:42	00:04	02:15
515 (510)B		200 IM	Final			03:45	00:04	02:19
516 (510)B		200 IM	Final			03:49	00:04	02:22

Estimated Session Finish Time 3:52

### Session -10 Warm-up from 4.00pm Start 5:00pm

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
517	G	200 IM	Heats	111	19	05:00	01:13	01:13
518	B	100 Ba	Heats	29	5	06:13	00:10	01:22
519	G	50 Fr	Heats	180	30	06:22	00:38	02:00
520	B	100 Br	Heats	23	4	07:00	00:08	02:09
521 (517)G		200 IM	Final			07:09	00:04	02:12
522 (517)G		200 IM	Final			07:12	00:04	02:16
523 (517)G		200 IM	Final			07:16	00:04	02:20

Estimated Session Finish Time 7:20

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### Session -11 - Mansfield, Sunday 4th March Warm-up from 8.30am Start 9:30am

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
601	X	50 Br	Heats	9	2	09:30	00:05	00:05
602	B	100 FI	Heats	18	3	09:35	00:06	00:11
603	G	200 Fr	Heats	139	24	09:41	01:25	01:36
604	B	50 Ba	Heats	122	21	11:06	00:29	02:05
605 (603)G		200 Fr	Final			11:35	00:03	02:08
606 (603)G		200 Fr	Final			11:38	00:03	02:11
607 (603)G		200 Fr	Final			11:41	00:03	02:15

Estimated Session Finish Time 11:45 Warm-up from 12.30pm Start 1:30pm

### Session -12

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
608	X	100 Fr	Heats	6	1	01:30	00:03	00:03
609	B	100 IM	Heats	119	20	01:33	00:43	00:47
610	G	100 IM	Heats	158	27	02:17	01:00	01:46

Estimated Session Finish Time 3:16 + BAGCAT PRESENTATIONS