

NOTTINGHAMSHIRE ASA COMBINED COUNTY CHAMPIONSHIPS
AND AGE GROUPS 2009

BOYS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	OPEN
50 FREE	45.2	41.3	38.0	35.2	33.5	32.1	30.3	29.8
100 FREE				1:16.1	1:12.3	1:08.9	1:05.6	1:04.8
200 FREE	3:40.7	3:16.9	3:00.9	2:45.9	2:37.1	2:29.9	2:22.8	2:21.5
400 FREE		6:53.3	6:17.7	5:48.1	5:30.0	5:16.6	5:04.4	4:58.5
800 FREE				12:19.2	11:35.1	10:59.0	10:31.8	10:11.8
1500 FREE				23:13.6	21:55.5	20:48.7	19:58.3	19:20.3
50 BACK	52.2	47.5	43.7	40.4	38.1	36.4	34.3	33.2
100 BACK				1:25.4	1:21.0	1:16.4	1:13.0	1:11.3
200 BACK	4:05.6	3:41.1	3:20.1	3:01.6	2:53.8	2:44.8	2:37.4	2:34.2
50 BREAST	58.8	53.6	48.8	44.8	41.9	39.8	38.0	36.9
100 BREAST				1:36.0	1:30.8	1:26.2	1:22.3	1:20.9
200 BREAST	4:38.7	4:11.9	3:49.1	3:29.8	3:16.6	3:07.1	2:58.4	2:55.2
50 FLY	57.3	51.2	45.4	40.7	37.5	35.0	33.4	32.3
100 FLY				1:28.9	1:21.3	1:16.5	1:13.3	1:10.6
200 FLY	5:03.5	4:18.8	3:43.3	3:18.9	3:00.8	2:48.4	2:40.8	2:35.9
100 IM	1:55.5	1:45.3	1:36.9	1:29.7	1:24.0	1:19.8	1:15.4	1:14.0
200 IM	4:09.7	3:43.4	3:24.4	3:08.6	2:57.8	2:49.9	2:41.6	2:38.5
400 IM		8:10.6	7:17.6	6:38.9	6:17.4	5:59.2	5:40.7	5:36.6

GIRLS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	OPEN
50 FREE	46.8	42.0	37.4	36.1	35.0	33.7	32.7	32.3
100 FREE			1:20.8	1:17.6	1:14.9	1:12.4	1:10.4	1:09.8
200 FREE	3:47.1	3:16.9	2:55.7	2:47.9	2:40.7	2:36.3	2:31.6	2:30.2
400 FREE		6:55.8	6:14.6	5:48.6	5:33.4	5:24.0	5:15.4	5:14.6
800 FREE			12:47.1	12:03.1	11:27.7	11:06.8	10:54.5	10:45.6
1500 FREE			24:40.3	23:15.3	22:06.9	21:41.9	21:09.2	20:45.7
50 BACK	54.0	47.5	42.2	40.9	39.2	37.9	36.9	36.6
100 BACK			1:30.5	1:26.3	1:22.3	1:20.0	1:17.4	1:17.4
200 BACK	4:10.9	3:38.8	3:11.8	3:04.3	2:57.1	2:50.7	2:45.5	2:44.9
50 BREAST	1:01.1	54.0	47.9	45.7	43.9	41.8	40.3	40.4
100 BREAST			1:42.8	1:38.2	1:33.8	1:28.9	1:27.0	1:26.8
200 BREAST	4:49.1	4:11.2	3:42.1	3:31.4	3:21.1	3:11.5	3:07.8	3:06.8
50 FLY	55.9	48.1	43.5	40.4	38.1	36.8	36.0	34.9
100 FLY			1:35.7	1:28.1	1:23.2	1:20.3	1:19.7	1:16.8
200 FLY	4:55.9	4:01.2	3:32.2	3:14.5	3:02.8	2:56.1	2:53.3	2:46.8
100 IM	1:59.6	1:45.8	1:34.0	1:30.4	1:27.1	1:23.7	1:19.8	1:19.3
200 IM	4:15.4	3:42.9	3:18.5	3:09.9	3:02.6	2:55.2	2:51.3	2:49.7
400 IM		8:03.0	7:11.4	6:40.8	6:22.6	6:07.2	5:57.2	5:54.5