

ASA East Midlands Region

Long Distance Time Trial – Loughborough University 50m Pool

(Under ASA. Laws and ASA Technical Rules of Swimming)

Sunday 18th February 2007 **Results -- Sheet 1**

EVENT 101 Mens/Womens Open 1500m Freestyle MENS

Place	Name	YoB	Club	Time	100	200	300	400	500
					600	700	800	900	1000
					1100	1200	1300	1400	1500
1.	Daniel MILLS	(91)	Nova Cent'n	16:20.45	1:02.07	1:05.59	1:05.09	1:05.53	1:06.08
					1:06.09	1:05.85	1:05.22	1:05.68	1:06.27
					1:06.50	1:06.41	1:06.78	1:06.35	1:00.94
2.	Simon PANTING	(87)	Northampton	16:31.49	1:02.16	1:05.69	1:05.87	1:05.78	1:06.57
					1:06.39	1:06.45	1:06.07	1:07.12	1:06.81
					1:07.39	1:07.17	1:07.33	1:06.82	1:03.87
3.	Pierce DORAN	(90)	Nova Cent'n	16:31.82	1:02.28	1:06.00	1:05.63	1:06.43	1:06.51
					1:06.54	1:06.54	1:06.55	1:06.80	1:07.11
					1:06.82	1:07.14	1:06.82	1:06.50	1:04.15
4.	Aled JONES	(86)	Loughboro Un	16:57.57	1:01.39	1:06.17	1:06.63	1:06.36	1:07.70
					1:07.68	1:08.20	1:08.36	1:08.66	1:08.95
					1:08.58	1:09.43	1:09.79	1:09.63	1:10.04
5.	Myles CROUCH-ANDERSON	(93)	Northampton	17:05.10	1:03.70	1:07.28	1:07.94	1:07.98	1:08.37
					1:08.25	1:08.48	1:08.45	1:08.90	1:09.47
					1:09.96	1:09.34	1:09.52	1:09.41	1:08.05
6.	Patrick MEGGITT	(88)	Loughboro Un	17:22.95	1:02.28	1:06.41	1:07.53	1:08.58	1:09.77
					1:09.54	1:09.91	1:10.41	1:10.39	1:10.94
					1:11.23	1:11.14	1:11.68	1:11.83	1:11.31
7.	Jim PATTERSON	(93)	Nova Cent'n	18:06.61	1:05.51	1:11.63	1:11.54	1:12.13	1:13.01
					1:13.91	1:12.80	1:12.27	1:12.97	1:14.24
					1:14.25	1:14.09	1:12.68		
8.	Ben POGSON	(92)	Boston	18:08.78	1:04.66	1:10.18	1:10.95	1:11.18	1:12.00
					1:11.78	1:12.81	1:14.54	1:14.95	1:14.77
					1:15.81	1:14.70	1:13.91	1:14.37	1:12.17
9.	Freddie LITTLE	(94)	Northampton	18:13.53	1:06.18	1:12.03	1:12.67	1:13.46	1:12.95
					1:13.56	1:13.79	1:14.05	1:14.01	1:13.76
					1:14.63	1:14.49	1:14.50		
10.	James SHAND	(92)	Derventio	18:25.76	1:07.98	1:14.66	1:13.98	1:14.60	1:14.01
					1:14.55	1:14.05	1:13.93	1:14.02	1:13.67
					1:14.57	1:14.39	1:14.42		
11.	Charles BITOWT	(94)	Lincoln Vulc	18:40.08	1:06.40	1:11.70	1:12.92	1:13.04	1:14.86
					1:15.43	1:16.18	1:16.56	1:16.11	1:17.46
					1:16.71	1:16.52	1:16.58		
12.	Sean WESTERMAN	(94)	Lincoln Vulc	18:44.45	1:09.50	1:14.67	1:14.54	1:14.39	1:15.28
					1:17.00	1:16.79	1:16.40	1:14.53	1:15.34
					1:14.92	1:15.45			
13.	Jack BURNELL	(93)	Co Lincoln P	18:44.69	1:05.75	1:12.76	1:13.93	1:14.63	1:15.97
					1:16.22	1:16.33	1:15.94	1:16.07	1:16.38
					1:16.56	1:16.60	1:16.78	1:16.86	1:13.91
14.	Jorge PHOENIX-COYNE	(94)	Nova Cent'n	18:45.34	1:10.64	1:14.92	1:15.99	1:16.29	1:16.32
					1:15.87	1:16.55	1:15.53	1:15.28	1:14.94
					1:15.11	1:15.08	1:15.04	1:14.93	1:12.85
15.	Mitch JORDON	(94)	Nova Cent'n	19:01.11				1:16.48	1:16.43
					1:16.25	1:16.03	1:16.77	1:16.17	1:15.21
16.	Alex GALUN	(94)	Northampton	19:36.18	1:11.46	1:18.73	1:18.29	1:19.55	1:19.46
					1:18.84	1:18.39	1:18.21	1:18.37	1:19.69
					1:19.46	1:18.99	1:20.00	1:19.57	1:17.17
17.	Thomas MATTHEWS	(94)	Derventio	20:00.75	1:12.69	1:18.56	1:17.85	1:18.06	1:19.36
					1:20.57	1:20.54	1:21.24	1:22.08	1:22.25
					1:22.31	1:21.03	1:22.78	1:22.12	1:19.31

ASA East Midlands Region

Long Distance Time Trial – Loughborough University 50m Pool

(Under ASA. Laws and ASA Technical Rules of Swimming)

Sunday 18th February 2007 **Results -- Sheet 2**

WOMENS

Place	Name	YoB	Club	Time	100	200	300	400	500
					600	700	800	900	1000
1.	Lucy HALL	(92)	Hinckley	18:32.66	1:07.57 1:14.09 1:15.90	1:13.44 1:14.53 1:15.18	1:13.86 1:14.34 1:15.45	1:13.98 1:15.62	1:14.67 1:15.74
2.	Alishia PALMER	(92)	Nova Cent'n	18:50.90	1:08.72 1:16.11 1:16.50	1:13.97 1:16.43 1:17.23	1:14.23 1:16.92	1:14.30 1:17.22	1:14.60 1:16.44
3.	Kimberley BELL	(91)	Northampton	18:57.68	1:09.01 1:15.95 1:17.87	1:13.64 1:15.79 1:18.60	1:14.03 1:16.37	1:14.80 1:17.06	1:15.31 1:17.64
4.	Georgina MCMANUS	(94)	Northampton	19:04.03	1:09.55 1:16.94 1:16.83	1:16.53 1:16.91 1:17.01	1:16.78 1:17.07 1:16.93	1:16.94 1:17.06 1:16.87	1:17.48 1:16.90 1:14.23
5.	Kelly TOWLE	(94)	Derventio	19:15.51	1:10.98 1:17.50 1:18.41	1:16.26 1:17.38 1:18.52	1:15.76 1:17.72 1:18.80	1:16.30 1:17.98 1:18.05	1:16.53 1:18.78 1:16.54
6.	Grace CONLON	(95)	Lincoln Vulc	19:26.90	1:12.03 1:18.62 1:18.36	1:18.57 1:17.52 1:17.98	1:18.48 1:18.12 1:18.25	1:19.81 1:18.17 1:17.84	1:19.23 1:18.20 1:15.72
7.	Charlotte MILLIGAN	(95)	Northampton	19:38.50	1:11.47 1:19.02 1:19.70	1:18.27 1:19.00 1:19.70	1:18.77 1:18.97 1:20.11	1:19.92 1:19.11 1:19.50	1:18.29 1:19.51 1:17.16
8.	Joanne REEKS	(91)	Derventio	19:39.18	1:12.11 1:18.70 1:20.53	1:16.23 1:18.93 1:20.19	1:16.55 1:19.10 1:21.03	1:17.15 1:20.10 1:20.81	1:18.16 1:20.00 1:19.59
9.	Amelia-jane HICKS	(94)	Northampton	19:50.95	1:10.71 1:19.58 1:21.53	1:18.54 1:19.82 1:21.48	1:19.58 1:20.43 1:21.22	1:19.06 1:21.25 1:20.66	1:19.40 1:22.01 1:15.68
	Ella THOMPSON		Northampton	DNC					
	Katie TREADWELL		Co Lincoln P	DNC					

EVENT 102 Mens/Womens Open 400m IM

MENS

Place	Name	YoB	Club	Time	100	200	300	400
1.	Freddy AVENELL	(90)	Nova Cent'n	4:50.54	1:06.27	1:16.13	1:20.57	1:07.57
2.	Jack JOHNSON	(91)	Northampton	4:54.19	1:06.46	1:16.85	1:23.98	1:06.90
3.	Benjamin OWEN	(91)	Nova Cent'n	4:57.13	1:06.76	1:16.38	1:25.26	1:08.73
4.	Liam SMITH	(92)	Nova Cent'n	5:01.71	1:06.94	1:17.69	1:29.59	1:07.49
5.	Fraser BOVEY	(92)	Northampton	5:02.52	1:07.02	1:13.83	1:31.73	1:09.94
6.	Robert GUEST	(93)	Derventio	5:17.62	1:11.72	1:21.49	1:32.38	1:12.03
7.	Sean WESTERMAN	(94)	Lincoln Vulc	5:26.10	1:17.76	1:23.25	1:33.65	1:11.44
8.	Kevin WALLBANK	(96)	Derventio	5:43.59	1:20.89	1:26.64	1:42.67	1:13.39

WOMENS

Place	Name	YoB	Club	Time	100	200	300	400
1.	Kimberley COLTON	(89)	Nova Cent'n	5:11.21	1:09.04	1:18.20	1:32.21	1:11.76
2.	Hayley BURTON	(94)	Lincoln Vulc	5:19.69	1:12.69	1:21.24	1:34.21	1:11.55
3.	Charlotte BELL	(93)	Northampton	5:21.18	1:11.89	1:23.49	1:34.51	1:11.29
4.	Holly OUGHTON	(93)	Nova Cent'n	5:23.50	1:12.90	1:21.89	1:35.21	1:13.50
5.	Carla READ	(93)	Co Leicester	5:28.61	1:13.81	1:29.91	1:31.41	1:13.48
6.	Charlotte MCRAE	(95)	Lincoln Vulc	5:31.39	1:15.00	1:24.26	1:37.72	1:14.41
7.	Mollie TEMPLE	(94)	Lincoln Vulc	5:34.44	1:17.29	1:21.90	1:39.72	1:15.53
8.	Ellie TAYLOR	(93)	Derventio	5:35.31	1:13.60	1:25.68	1:36.21	1:19.82
9.	Rosie BILTON	(95)	Co Lincoln P	6:05.49	1:28.98	1:34.35	1:40.01	1:22.15

ASA East Midland Region

Long Distance Time Trial – Loughborough University 50m Pool

(Under ASA Laws and ASA Technical Rules of Swimming)

Sunday 18th February 2007 **Results -- Sheet 3**

EVENT 103 Mens/Womens Open 400m Freestyle

MENS

Place	Name	YoB	Club	Time	100	200	300	400
1.	Luke BRIDGMAN	(88)	Loughboro Un	4:09.08	1:00.26	1:01.99	1:02.92	1:03.91
2.	Mark BANNISTER	(88)	Loughboro Un	4:12.05	59.90	1:03.74	1:04.86	1:03.55
3.	Rob ANDREWS	(87)	Loughboro Un	4:12.36	59.20	1:03.97	1:05.05	1:04.14
4.	Simon CHURCHMAN	(87)	Loughboro Un	4:21.57	1:00.58	1:05.90	1:07.77	1:07.32
5.	Liam JORDAN	(92)	Nova Cent'n	4:37.52	1:06.27	1:11.42	1:09.93	1:09.90
6.	Freddie LITTLE	(94)	Northampton	4:40.89	1:07.40	1:11.94	1:12.95	1:08.60
7.	Charles BITOWT	(94)	Lincoln Vulc	4:43.95	1:07.79	1:12.23	1:13.11	1:10.82
8.	Oliver BITOWT	(95)	Lincoln Vulc	4:51.44	1:09.88	1:13.47	1:14.50	1:13.59
9.	Jack HOWARTH	(95)	Northampton	4:54.28	1:10.24	1:15.21	1:15.43	1:13.40
10.	Jorge PHOENIX-COYNE	(94)	Nova Cent'n	4:59.23	1:11.74	1:16.40	1:16.97	1:14.12
11.	Marcus COOK	(95)	Deepings	5:10.31	1:13.43	1:19.69	1:19.60	1:17.59
12.	Liam BROWN	(96)	Nova Cent'n	5:23.13	1:18.36	1:22.52	1:22.24	1:20.01

WOMENS

Place	Name	YoB	Club	Time	100	200	300	400
1.	Ann MORRIS	(93)	Derventio	4:41.26	1:06.35	1:12.22	1:11.02	1:11.67
2.	Catherine MCMANUS	(89)	Northampton	4:41.54	1:08.42	1:11.67	1:10.82	1:10.63
3.	Fiona DONNELLY	(95)	Derventio	4:44.37	1:07.52	1:12.41	1:12.30	1:12.14
4.	Evie KEANE	(94)	Derventio	4:46.35	1:09.25	1:13.16	1:11.90	1:12.04
5.	Zara MCLAREN	(93)	Nova Cent'n	4:47.71	1:08.70	1:13.04	1:13.30	1:12.67
6.	Charlotte MCRAE	(95)	Lincoln Vulc	4:52.10	1:09.93	1:14.96	1:15.25	1:11.96
	Georgina MCMANUS	(94)	Northampton	DNC				

EVENT 104 Mens/Womens Open 800m Freestyle

MENS

Place	Name	YoB	Club	Time	100	200	300	400	500	600	700	800
1.	Barney BARLOW	(90)	Nova Cent'n	9:16.49	1:03.63	1:08.31	1:09.64	1:10.25	1:11.33	1:11.46	1:11.72	1:10.15
2.	James GRIEVE	(93)	Co Leicester	9:27.54	1:06.55	1:10.91	1:11.33	1:12.05	1:12.52	1:11.86	1:12.27	1:10.05
3.	Liam ROSE	(94)	Nova Cent'n	9:36.12	1:08.56	1:12.76	1:13.05	1:13.04	1:12.89	1:12.46	1:12.90	1:10.46
4.	Oliver WEBB	(93)	Nova Cent'n	9:49.65	1:09.55	1:14.14	1:14.00	1:14.40	1:14.80	1:15.31	1:14.77	1:12.68
5.	Thomas LANE	(93)	South Lincs	9:52.19	1:08.84	1:14.51	1:14.57	1:15.15	1:15.16	1:15.56	1:14.88	1:13.52
6.	James FOUNTAIN	(93)	Deepings	9:54.51	1:09.56	1:13.71	1:14.20	1:14.92	1:15.36	1:15.71	1:15.98	1:15.07
7.	David STAIANO	(93)	Nova Cent'n	10:11.26	1:08.36	1:18.23	1:19.29	1:18.20	1:18.39	1:17.33	1:15.79	1:15.67
8.	Oliver THOMPSON	(93)	Northampton	10:15.39	1:08.25	1:14.98	1:16.59	1:17.49	1:19.49	1:20.60	1:19.69	1:18.30
9.	Matthew DOBSON	(95)	Nova Cent'n	10:23.15	1:10.97	1:17.11	1:18.46	1:18.98	1:19.35	1:20.13	1:19.09	1:19.06

WOMENS

Place	Name	YoB	Club	Time	100	200	300	400	500	600	700	800
1.	Emma HERD	(93)	Northampton	9:38.20	1:07.81	1:12.57	1:13.08	1:13.31	1:13.51	1:13.20	1:13.08	1:11.64
2.	Jade WILLIS	(93)	Northampton	9:44.67	1:08.62	1:12.07	1:13.36	1:13.96	1:13.79	1:14.79	1:14.60	1:13.48
3.	Jessica TOMLINSON	(92)	Nova Cent'n	9:45.59	1:08.42	1:12.44	1:13.17	1:13.94	1:14.24	1:15.33	1:15.13	1:12.92
4.	Hayley BURTON	(94)	Lincoln Vulc	9:48.09	1:10.26	1:14.70	1:14.07	1:14.73	1:13.86	1:14.52	1:14.68	1:11.27
5.	Holly OUGHTON	(93)	Nova Cent'n	9:49.87	1:09.93	1:15.02	1:13.47	1:14.59	1:14.41	1:15.07	1:15.13	1:12.25
6.	Hollie AVIL	(90)	Northampton	9:52.00	1:10.94	1:13.79	1:14.86	1:15.13	1:14.69	1:14.48	1:14.63	1:13.48
7.	Shannon MCDERMOTT	(94)	Nova Cent'n	10:01.67	1:09.08	1:15.43	1:15.91	1:17.34	1:17.10	1:18.08	1:16.00	1:12.73
8.	Mollie TEMPLE	(94)	Lincoln Vulc	10:07.45	1:12.43	1:17.78	1:17.60	1:17.22	1:16.53	1:16.60	1:15.88	1:13.41
9.	Zoe GIDDEN	(95)	Northampton	10:09.86	1:11.72	1:16.49	1:17.27	1:16.88	1:17.69	1:17.59	1:17.25	1:14.97
10.	Ella THOMPSON	(95)	Northampton	10:32.64	1:12.90	1:19.30	1:20.19	1:20.41	1:20.16	1:20.57	1:20.62	1:18.49
11.	Charlotte MONOPOLI	(96)	Co Lincoln P	10:48.18	1:12.78	1:20.93	1:21.66	1:22.17	1:23.15	1:23.27	1:22.93	1:21.29