

## Sherwood Colliery Swimming Club 30th Robin Hood Open Meet - Saturday 1<sup>st</sup> October 2011

Please be aware that these timings are issued only as a guideline and withdrawals have not been taken into account. Each SESSION will not start before the given time but the meet will then run at its own pace. The start of subsequent events is NOT governed by the times given below. It is the swimmers responsibility to present themselves in good time for their race.

### Session 1 NOTIFY WITHDRAWALS BY 8-30am

Warm-up 8-45am Start 9:30am

Time Allocated Between Heats Is 40 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	G	200 Br	Heats	102	11	09:30	00:44	00:44
102	B	200 Br	Heats	71	8	10:14	00:31	01:15
103	G	50 Fr	Heats	198	20	10:45	00:24	01:39
104	B	100 Ba	Heats	122	13	11:09	00:25	02:04
105	G	100 Ba	Heats	156	16	11:34	00:32	02:36
106	B	50 Fr	Heats	159	16	12:06	00:19	02:55

Estimated Session Finish Time 12:25pm

### Session 2 NOTIFY WITHDRAWALS BY 12-45pm

Warm-up 1:00pm Start 1:45pm

(Note that the diving pit is not available for warm-up / swim down between 1pm and 2pm)

Time Allocated Between Heats Is 40 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	G	200 IM	Heats	180	18	01:45	01:03	01:03
202	B	200 IM	Heats	165	17	02:48	00:59	02:02
203	G	50 Ba	Heats	142	15	03:47	00:19	02:21
204	B	100 FI	Heats	84	9	04:06	00:17	02:38
205	G	100 FI	Heats	93	10	04:23	00:20	02:58
206	B	50 Ba	Heats	122	13	04:43	00:17	03:15

Estimated Session Finish Time 5:00pm

### Session 3 NOTIFY WITHDRAWALS BY 5-15pm

Warm-up 5:15pm to 5:45pm

Skins 5:45 until approx 6:15pm

Session Start at 6:15pm

(Note that the diving pit is not available for warm-up / swim down between 4:30pm and 6pm)

Time Allocated Between Heats Is 40 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
303	G	400 Fr	Heats	110	11	06:15	01:04	01:04
304	B	400 Fr	Heats	116	12	07:19	01:09	02:14

Estimated Session Finish Time 08:29pm

## Sherwood Colliery Swimming Club 30th Robin Hood Open Meet - Sunday 2<sup>nd</sup> October 2011

Please be aware that these timings are issued only as a guideline and withdrawals have not been taken into account. Each SESSION will not start before the given time but the meet will then run at its own pace. The start of subsequent events is NOT governed by the times given below. It is the swimmers responsibility to present themselves in good time for their race.

### Session 4 NOTIFY WITHDRAWALS BY 08-30am

Warm-up 8-45 Start 9:30am

Time Allocated Between Heats Is 40 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
401	G	200 Ba	Heats	112	12	09:30	00:42	00:42
402	B	200 Ba	Heats	123	13	10:12	00:44	01:26
403	G	50 Br	Heats	101	11	10:57	00:14	01:40
404	B	100 Fr	Heats	174	18	11:12	00:32	02:12
405	G	100 Fr	Heats	205	21	11:43	00:38	02:50
406	B	50 Br	Heats	81	9	12:22	00:12	03:01

Estimated Session Finish Time 12:34pm

### Session 5 NOTIFY WITHDRAWALS BY 12-45pm

Warm-up 1:00pm Start 1:45pm

(Note that the diving pit is not available for warm-up / swim down between 1pm and 2pm)

Time Allocated Between Heats Is 40 Seconds & Between Finals Is 120 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	G	200 Fr	Heats	174	18	01:45	00:57	00:57
502	B	200 Fr	Heats	167	17	02:42	00:52	01:50
503	G	50 Fl	Heats	93	10	03:35	00:13	02:03
504	B	100 Br	Heats	66	7	03:48	00:14	02:17
505	G	100 Br	Heats	103	11	04:02	00:24	02:41
506	B	50 Fl	Heats	85	9	04:26	00:11	02:52

Estimated Session Finish Time 04:37pm