



Swim England

East Midlands

SWIM ENGLAND EAST MIDLANDS REGION

DISTANCE TIME TRIAL 2018

(Under ASA Laws and ASA Technical Rules of Swimming)

Loughborough University Pool (50m)

Saturday 5th May at 1.30 pm

This is a level 1 licensed time trial for swimmers wishing to achieve a time in the women's 1500m freestyle and men's 800m freestyle with the potential to qualifying for the Swim England Summer Nationals and the British Summer Championships.

The following conditions apply:

- The promoter is the Swim England East Midlands Swimming Committee
- The event is open to swimmers from the East Midlands Region.
- Meet provisional closing date: Monday 30th April at 6pm confirm entries will be listed on the website following this (this date also applies to the 'if undersubscribed' points)
- The meet will then remain open to reserves until Friday 4th May at noon confirmed entries and reserves if required will be listed on the website following this.
- If the meet is undersubscribed entries may be accepted for male swimmers to take part in the 1500m and the women in the 800m. Should this be the case the heats will be swum as mixed gender.
- Following the above point further entries may be accepted from 11 year olds in the womens 1500m and 12 year olds in the mens 800m subject to swimmers obtaining the qualifying time from the lowest band.
- Entry is subject to qualification times (short course – 25m pool). Time that equal or better these times will be accepted subject to space being available.
- For the womens 1500m event the qualifying time will be based on the swimmers 800m time and for the mens 800m this will be a 400m freestyle time
- Heats are limited to 5 heats of each event, in the event of oversubscription priority will be given to those swimmers with the faster submitted time, initially taking the age groups into consideration.
- Time to be achieved at a licensed meet on or after 31st March 2017, converted times also accepted – times should be submitted in long course form
- Age as at 31st December 2018
- Meet Schedule: **Warm-up: 1.30pm Start: 2.00pm**
Event 1 – 1500m freestyle
Secondary Warm-up time tbc
Event 2 – 800m freestyle

- All communication will be via the website (<http://www.asaem.org.uk>), where necessary queries will be handled either by email or telephone.
- A draft programme will be available on the website as soon as possible after the closing date. There will be no other confirmation of acceptance. Should there be a need to restrict entries, rejected swimmers will be notified by email.
- Withdrawals must be advised by email or text up to one hour before the gala starts. Failure to notify a withdrawal will result in a £20 penalty levied on the club.
- The results will only be available via the website and will be uploaded as soon as possible after the event.
- Electronic entry is the preferred method of entry, for entries submitted electronically an entry form is not required, but a summary form with contact details must be included with payments.
- After the closing date refunds will only be given on medical grounds and if appropriate evidence can be provided.
- Entries must be submitted with a fee of £10 per event to:

SportSystem entry file is the preferred method of entry, however individuals may enter by sending their required swims and contact details by email to:

fiona.conway@swimming.org

Cheques should be made payable ASA East Midlands

BACS details available on request

Qualifying Times – Main Events

(SHORT COURSE – 25m)

Male 800m freestyle	13/14 yrs	15 yrs	16 yrs	17 yrs	18 yrs +
400m qualifying time	4.50.1	4.34.5	4.27.8	4.25.2	4.24.1

Female 1500m freestyle	12/13 yrs	14 yrs	15 yrs	16 yrs	17 yrs +
800m qualifying time	10.14.4	10.04.4	9.58.8	9.50.6	9.42.6

Qualifying Times – Additional Entry (if undersubscribed)

Male 1500m freestyle	13/14 yrs	15 yrs	16 yrs	17 yrs	18 yrs +
1500m qualifying time	18.37.2	18.00.02	17.29.6	17.24.6	17.20.1

Female 800m freestyle	12/13 yrs	14 yrs	15 yrs	16 yrs	17 yrs +
800m qualifying time	10.14.4	10.04.4	9.58.8	9.50.6	9.42.6